

# Les Trois Vallée Hors Pistes

Source: Philippe Baud & Benoit Loucel

anbr	nbr	city	name	lift type	lift	asc	dec	dir	difficulty	commitment	period	surf	surf y/n	route	caution	avalanches	crevasses	cornice
1	1	Courchevel, Les Avals	Itinéraire du Roc Merlet	Télesiege	de Chanrossa		900	SE -> N	quite difficult	serious	Spring	Sporting return	yes	keep aware	take care of the cornice at the start	no	no	yes
2	2	Courchevel, Les Avals	Itinéraire du Roc Merlet (alternative)	Télesiege	de Chanrossa		760	S, SE, N	easy	serious	throughout winter	Sporting return	yes	be aware	none	no	no	no
3	3	Courchevel, Les Avals	Itinéraire du Canyon	Télesiege	de Chanrossa		760	E, NE	difficult	serious	throughout winter	Technical, sporting return	yes	the entranc is obvious	make sure of snowpack stability	yes	no	no
4	4	Courchevel, Les Avals	Col des Saulces	Télesiege	de Chanrossa		670	N	easy	serious	throughout winter	very sporting approach and return		from col des saulces, skirt the plssa rock to reach the dents de la portetta	risk of avalanches	yes	no	no
5	5	Courchevel, Chanrossa	Itinéraire de la Congère	Télesiege	de Chanrossa		700	n-o	quite difficult	quite serious	throughout winter	very difficult traverse		obvious	watch out for possible snow slide coming off plan mugnier	yes	no	no
6	6	Courchevel, Chanrossa	Aiguille du Fruit	Télesiege	de Chanrossa		400	n-o	little difficult	not serious	throughout winter	no problem	yes	Join the black run just before the flat section	make sure of snowpack stability	yes	no	no
7	7	Courchevel, Chanrossa	Plan Mugnier	Télesiege	de Chanrossa	100	300	n	quite difficult	quite serious	throughout winter	fine	yes	depending on the snowpack, you may have to be very careful	wind slab	no	no	yes
8	8	Courchevel, arête de la Saulire	Itinéraire des Creux Noirs	Télesiege	des Creux Noirs	50- >150	600	n-e	quite difficult	quite serious	throughout winter	fine	yes	obvious	possible cornice on the ridge	no	no	yes
9	9	Courchevel, arête de la Saulire	Le Col du Fruit	Télesiege	des Creux Noirs	200	600	n, n-e	quite difficult	serious	throughout winter	very energetic	yes	good visibility required	cornice and snowdrift on the ridge	no	no	yes
10	10	Courchevel, Saulire	Couloir du Curé	Téléphérique	de la Saulire		300	n-e	difficult	serious	throughout winter	very technical	yes	stay on your feet	sliding forbidden	no	no	no
11	11	Courchevel, Saulire	Couloir de la Croix des Verdons	Téléphérique	de la Saulire		400	n-e	difficult	serious	throughout winter	good choice	yes	be sure-footed	good visibility needed	no	no	no
12	12	Courchevel, Col de la Loze	Itinéraire des Lanches	Télesiege	du Col de la Loze: de la Loze: du Dou des Lanches		400	e->n	easy	not serious	throughout winter	fine	yes	obvious	avalanche	yes	no	no
13	13	Courchevel, Col de la Loze	Rocher de la Loze	Télesiege	du Col de la Loze: de la Loze: du Dou des Lanches	250	250	n	quite difficult	serious	throughout winter	off you go	yes	obvious	rock bluffs	no	no	no
14	14	Courchevel, Bozel	Descente sur Bozel		from Courchevel 1850: return by taxi		1000	n	easy	quite serious	throughout winter	fine	yes	follow the clearings	fences and stumps	no	no	no
15	1	Méribel, arête de la Saulire	La Grande Rosiere	Télesiege	des Creux Noirs		970	w, s-w	quite difficult	not serious	throughout winter	fine	yes	fairly obvious, snowdrift at the start of the traverse. Protruding rocks, avoid sliding in spring snow	wind-slab	no	no	yes
16	2	Méribel, arête de la Saulire	Les Grands Numeros	Télesiege	de la Grande Rosiere		970	w,s-w	quite difficult	not serious	throughout winter	fine	yes	fairly obvious, snowdrift at the start of the traverse. Protruding rocks, avoid sliding in spring snow	wind-slab	no	no	yes
17	3	Méribel, arête de la Saulire	Couloir de la Ramée	Télesiege	des Creux Noirs	150	990	s, s-w	difficult	serious	throughout winter	very technical. Very sporting return		good visibility required	many rocks, good snowcover required	no	no	no
18	4	Méribel, arête de la Saulire	Le Col du Fruit	Télesiege	des Creux Noirs	200	800	s, s-w	easy	serious	throughout winter	Very sporting return		evident	cornice and snowdrift on the ridge	no	no	yes
19	5	Méribel, Mont Vallon	Lac du Borgne	Télécabine	du Mont Vallon		850	s, s-w	quite difficult	not serious	throughout winter, but better in spring	the spot		obvious	there is an emergency unit at the top of the gondola, where you can ask the ski-patrol about the snow conditions	no	no	no
20	6	Méribel, Mont Vallon	Couloir des Mines	Télécabine	du Mont Vallon		1100	n-e	difficult	very serious		Very sporting return		very good weather required	serious risk of sliding	yes	no	no
21	7	Méribel, Mont Vallon	Col du Vallon	Télécabine	du Mont Vallon		1100	n-e	easy	serious	throughout the winter	long traverse, sprting return		obvious	snow slide coming off the crete des mines in the traverse	yes	no	no
22	8	Méribel, Mont Vallon	Couloir de la Becca	Télesiege	de la Becca		600	s-e, n-e	difficult	not serious	throughout the winter	good	yes	obvious	avalanche	yes	no	no
23	9	Méribel, Mont Vallon	Couloirs du Cairn	Télécabine	3eme Plattières		500	n	difficult	not serious	throughout the winter	good	yes	obvious	avalanche	yes	no	no
24	10	Méribel, Roc de Fer	Creux de la Stetta	Télesiege	l'Olympic		760	e	easy	quite serious	throughout the winter	good	yes	avoid going all way down the through to les Grangettes	avalanche	yes	no	no
25	11	Méribel, Roc de Fer	Combe Fenetre	Télesiege	l'Olympic		900	n-e	easy	serious	throughout the winter	good	yes	make sure of bearings. A very deep trough marks the start	good visibility needed	no	no	no

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26	12	Mérible, Roc de Fer	Combe Curé	Télesiège	l'Olympic		900	n-e	easy	serious	throughout the winter	good	yes	for safety reasons, it is better to approach by the Col Jean	good visibility needed	no	no	no
27	1	Saint Martin de Belleville	Saint Marcel	Télesiège Télécabine	Saint Martin 2 Tougnète		900	w	easy	not serious	throughout the winter	good	yes	obvious	none	no	no	no
28	2	Saint Martin de Belleville	Saint Martin	Téleski Télesiège	de Cherfeurie l'Olympic		900	w	easy	not serious	throughout the winter	good	yes	obvious	none	no	no	no
29	3	Saint Martin de Belleville	Béranger	Télesiège	l'Olympic		850	w	easy	serious	throughout the winter	good	yes	obvious	none	no	no	no
30	4	Saint Martin de Belleville	Variante Béranger	Télesiège	l'Olympic		800	s-w	easy	serious	throughout the winter	not advisable		long ridge approach (about 3400m)	good visibility needed	no	no	no
31	5	Saint Martin de Belleville	Villarlurin - Moutiers	Télesiège	l'Olympic		1600	n	extremely difficult	very serious	snow-cover at low altitude needed	leave it the cupboard		very complex	do not venture onto the north west slopes	no	no	no
32	1	Les Ménuires, La Masse	Vallon des Encombres	Télécabine Télesiège	de la Masse Lac Noir		1500	s-n	easy	serious	spring snow recommended, but be sure the snow-cover goes down to Chatelard	the lower part will spoil the pleasure of the first slopes		an interesting start, where you need to feel the terrain, then straight down the valley	Between caseblanche and chatelard be careful with the eastern slopes, which can slide down and cut off the way; especially the slopes of les etovieres and the grosses pierres, then the gros mollard and last but not least those of les valées (after les priots), where the smooth, grassy terrain makes the snowpack unstable	yes	no	no
33	2	Les Ménuires, La Masse	Les Cretes	Télesiège	Lac Noir		1500	n	quite difficult	serious	throughout the winter	not suitable on the crest. What a pity		obvious, follow the ridgeline. Good weather required	Watch the slopes of le cochet (near the end)	no	no	no
34	3	Les Ménuires, La Masse	Combe de Geffriand	Télécabine	de la Masse		1200	n-e	easy	serious	throughout the winter, as long as there is enough snow	easy	yes	obvious, from the top of La Gratte all the way down	careful on the first slope leaving la gratte	no	no	no
35	4	Les Ménuires, La Masse	Les Yoses (Le Bettex)	Télesiège	Lac Noir		1000	n-e	quite difficult	not serious	throughout the winter	leave it in the cupboard		yes	after a snowfall, beware of the slopes off le teurre	no	no	no
36	5	Les Ménuires, La Masse	Le Lac du Lou	Télécabine	de la Masse		1000	e	easy	not serious	throughout the winter	yes	yes	no problem in fine weather	after a snowfall watch the north slopes (on the right looking down). Bluffs mid-way down	no	no	no
37	1	Val Thorens, Caron	La Combe de la Rouge	Télépherique	de Caron		500	n	quite difficult	not serious	throughout the winter	a big yes	yes	obvious	protuding rocks, risk of avalanche after a big snowfall	no	no	no
38	2	Val Thorens, Caron	Le Col de Caron	Télépherique	de Caron		700	n	quite difficult	not serious	throughout the winter. Be careful after a big snowfall. A good powder reserve, given the aspect	yes, except for the access to the col. The descent is quite interesting	yes	make use of your instinct in the second half (after the run of the neves)	snowslide and rock bluffs	no	no	no
39	1	Val Thorens, Lac du Lou	Lac du Lou: la Classique	Télépherique	de Caron		1400	n	easy	serious	throughout the winter	two traverses (the flat du Revers, and the traverse above the lake) which can provide deadly if the snow is sticky or if you haven't anticipated enough		follow the valley, obvious in fine weather	there is always an avalanche risk on these slopes. Take care the lake in periods of thaw	yes	no	no
40	2	Val Thorens, Lac du Lou	Lac du Lou par le Brequin	Télépherique	de Caron		1900	n	quite difficult	serious	throughout the winter	the ridge traverse is done on foot. The rest is bliss	yes	keep your hieght as best you can (many bowls and gullies). No problem in fine weather	mind the cornice on the ridge. Be careful on the first slopes (risk of windslab)	no	no	yes
41	3	Val Thorens, Lac du Lou	Lac du Lou par le col du Lauzun	Télépherique	de Caron		1200	n-w	quite difficult	serious	throughout the winter	fine weather needed	yes	keep your hieght as best you can (many bowls and gullies). No problem in fine weather	steep slopes at the start (avalanche risk) and buffs	yes	no	no
42	4	Val Thorens, Lac du Lou	Lac du Lou par Boismint	Télépherique	de Caron		900	w	quite difficult	serious	throughout the winter	a great favourite if you want to do lac du lou	yes	be careful going round the rocky area	Grassy terrain which may increase the sliding tendency of the snowpack. The avalanche risk can be serious. Important rock barrier	yes	no	no
43	5	Val Thorens, Lac du Lou	Boismint Ridge	Télépherique	de Caron		900	n-w	quite difficult	serious	throughout the winter	for gourmettes, with good technical skills		for gourmets, with good technical skills	a short but but steep slope on usually hard snow. Be able to stay on the feet	no	no	no
44	1	Val Thorens, Marianne-Rosaël	Pierre-Lory Route	Télesiège	du Col		800	W->S	easy	quite serious	throughout winter	anticipate if you want to slide all the way	yes	glacier skiing for the first km	right bank of the glacier Bouchet, to avoid crevasses at the glaciers end	no	yes	no
45	2	Val Thorens, Marianne-Rosaël	Bouchet Shoulder	Télesiège	de Bouchet		800	s, w	easy	serious	spring	ok	yes	quite obvious	avalanche if the snowpack is heavy on the summit ridge. Sliding risk on hard snow	yes	no	no
46	3	Val Thorens, Marianne-Rosaël	Couloir Guyon	Télesiège	de Bouchet		900	n-w	difficult	serious	enough snow required in the couloir	no mistake allowed		a little tricky to find the entrance	40 degrees slopes and narrow couloir (3m) on the first 50m	no	no	no
47	4	Val Thorens, Marianne-Rosaël	La directe sur Rosaël	Télécabine	Funitel du Grand Fond		650	s	quite difficult	quite serious	throughout winter	good	yes	simple but don't mis the ramp	sustained slope, windslab. In hard spring snow, risk of sliding. Exposed aerial ramp. Be sure of your standard, and the slope stability	no	no	yes
48	5	Val Thorens, Marianne-Rosaël	Couloir sur Pierre-Lory	Télécabine Télesiège	Funitel du Grand Fond ou de Rosaël		600	e	quite difficult	serious	throughout winter	technical	yes	none	snowslide and rock bluffs	yes	no	no

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49	6	Val Thorens, Marianne-Rosael	Rosael par les hors pistes des Chamois	Télépherique	de Caron		800	s-e	quite difficult	quite serious	throughout winter	start can be difficult when snow is hard	yes	choose the right start	steep start (cornice along the whole ridge), make even more difficult by successive sideslipping of other skiers. Check snowpack stability with the ski-patrol at Caron	no	no	yes
50	7	Val Thorens, Marianne-Rosael	Couloir de table d'orientation	Télépherique	de Caron		900	s-e	difficult	serious	none	only if you can be sure to stay on your feet. Slopes are wide enough	yes	do't start from the very top	cornice overhanging the couloir. Sustained slope on hard snow (35-40 degrees), Sliding to be avoided at all costs	no	no	yes
51	8	Val Thorens, Marianne-Rosael	Combe sans Nom par le col des Chamois	Télépherique	de Caron	120	1000	s-w	quite difficult	serious	throughout winter, but when spring comes, corn-snow is basically assured	some walking to get back to plan bouchet	yes	no problem in good weather. The most tricky is the small access to the col Bouchet	large slope and convex start. Perfect avalanche situation	yes	no	no
52	9	Val Thorens, Marianne-Rosael	Combe sans Nom itinéraire de La Pierre Fendue	Télépherique	de Caron	120	1000	s-w	quite difficult	serious	whenever the lifts are working	absolutely	yes	look and think ahead to make the best out of the slopes	pay attention to the last of the sustained three slopes. This one is very convex at the start	no	no	no
53	10	Val Thorens, Marianne-Rosael	Combe sans Nom par le Brequin	Télépherique	de Caron	120	1000	s-w	quite difficult	serious	throughout winter	allow more time for the ridge traverse		passing le contar is a little tricky (end of run)	in powder or spring conditions, the top slopes under Brequin avalancher regularly. Increased awareness and caution are an absolute requirement	yes	no	no
54	1	Val Thorens, Pécelt-Polset	Couloir de Col de la Tempete	Télesiege	du Glacier funitel		200	e	very difficult	very serious	whenever there is a lot of snow	no, exposed caution, then large flatstretches down to meribel		a little tricky in poor snow conditions	the couloir is rocky when the snow condition is poor	no	no	no
55	2	Val Thorens, Pécelt-Polset	Couloir des Saint-Peres branche droit de l'Y	Télesiege	du Col	250	350/500	w	very difficult	serious	depending on snow-cover	for experts, with good side-slip for the start		obvious	if there is not much snow: or on hard snow, sliding involves serious consequences. Avalanche or slough danger in case of heavy snowfall	yes	no	no
56	3	Val Thorens, Pécelt-Polset	Couloir des Saint-Peres branche gauche de l'Y	Télesiege	du Col	250	350/800	w	very difficult	serious	snow will decide	for those who are totally able to stay on their feet		obvious, for the alternative check beforehand that there is enough snow	heavy price for slipping. Possible snowside at the start because of windslab	no	no	no
57	4	Val Thorens, Pécelt-Polset	Couloir de gauche	Télesiege	du Col	250	400/800	w, s-w	very difficult	serious	none	a last some space for turns		obvious	Cirque shaped start. Be aware of a huge snowpack. Windslab	no	no	yes
58	5	Val Thorens, Pécelt-Polset	Le Grand Couloir	Télesiege	du Col	350	500/1000	s-w	very difficult	serious	as soon the snow cover is thick enough	This seems to be the most suitable run at the Roc des Saint-Peres. Even so, make a few turns rather than a long run		Quite Alpine but always logical	The cornice can collapse, it also makes the first 30m steeper (45°). Sloughing in the afternoon, end of the season	no	no	yes
59	6	Val Thorens, Pécelt-Polset	Le Triangle	Télesiege	du Col	350	750/1000	w,n-w	very difficult	very serious	Abundant snow needed to keep skis on	Great carving on the clacier. But above, try to anticipate to be facing the right way in the tricky passages. For the very good who are never scared		Complex	Avalanche risk in the mixed zone, Three narrow tricky passages	yes	no	no
60	7	Val Thorens, Pécelt-Polset	La petite Face Nord	Télesiege	du Col	350	1100	n	extremely difficult	very serious	early in the season, there is only sheer (puu, steil) ice	not the ideal for the first day of the season. With only one edge, better sharpen it!		Preferable on the right bank. At the bottom of the Small North Face, it can be tricky to find the way to West Face normal route	Falling forbidden! Windslab possible. Crevasses at the end	no	yes	yes
61	8	Val Thorens, Pécelt-Polset	La Face Ouest (Aiguille de Pecllet, 3561m)	Télesiege	du Col	350	1200	w	difficult	very serious	the face usually hold snow from february onwards. Careful; if the snow has slid, 1) the ice reappears. 2) a head-wall cuts the face. This step several meters high can make the whole face impracticable for a long time (very visible from Val Thorens)	go for it!	yes	avoid the tormented sections of the glacier (convex rolls, seracs). Almost straight and quite logical line	Wind at the summit can make the start tricky on hard snow. A good 40 degrees passage in the first third. Left side: ice, crevasses. The whole slope can avalanche	yes	yes	no
62	9	Val Thorens, Pécelt-Polset	Mérible-Refuge du Saut, par le col de Gebroulaz	Télesiege	du Col	330	1750	n	quite difficult	serious	as soon as spring snow conditions are in, so that the snow can carry body weight	negotiate a tow (rope)		tricky on glacier and the obvious	Crevasses bergschurund just after the Col of Gebroulaz. Avalancheds can release from above, especially just before and after the refuge of saut	yes	yes	no
63	10	Val Thorens, Pécelt-Polset	Gebroulaz+le Borgne	Télesiege	du Col	600	1300	n, n-w	difficult	very serious	from mid-season	Supurb slopes and usually quality snow (Northern aspect), but two approach climbs... Snow shoes? This route would call for the use of touring ski's		Obvious in good weather	Crevasses, bergschrund	no	yes	no
64	11	Val Thorens, Pécelt-Polset	Pralognan par le Col de Gebroulaz	Télesiege	du Col	350	2000	n, e	difficult	not rated	as soon as there is enough snow but, spring-snow is best	very technical, Better go with skiers for an eventual tow. Telescopic poles can come in handy		Only to be considered in stable sunny conditions	Glassier (crevasses). Avalanche risk (powder and snow-pak at end of the season) under the Soufre Col descending towards Lac Blanc and on the traverse to Montalmont (slopes down from the Aiguilles des Cornilletts and Chanrossa	yes	yes	no

